

2025-2026

Head Start Program Annual Report





PMS

PRESBYTERIAN MEDICAL SERVICES

Our purpose is you.

PMS Mission

Presbyterian Medical Services designs and delivers quality, accessible, integrated health, education, and human services in response to identified community needs of the multicultural people of the Southwest.

PMS Vision

We are leaders in improving the health and lives of all people of the Southwest.

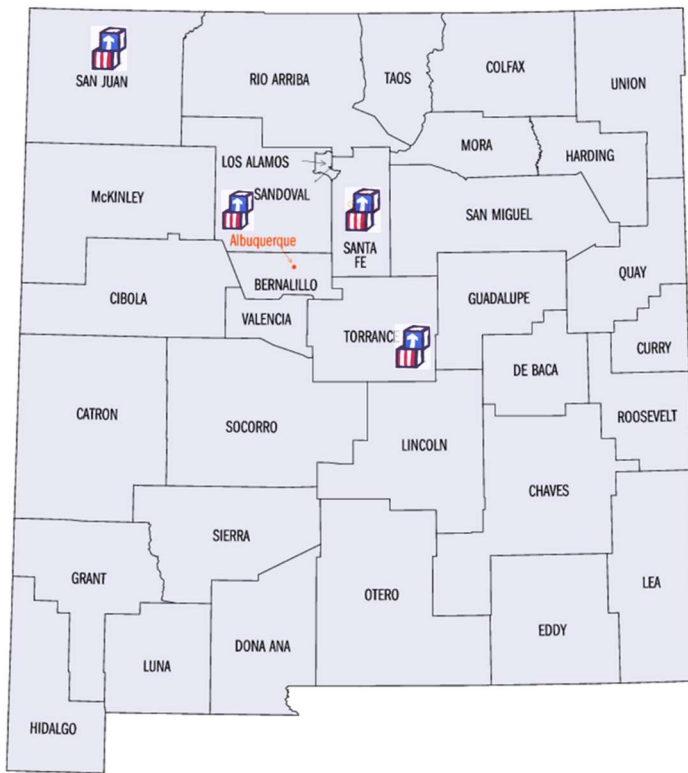
PMS Values

Customer Service • Leadership • Integrity

Respect • Excellence • Team Concept

Employee Wellbeing • Financial Stewardship

HEAD START PROGRAM: PRENATAL TO FIVE



FUNDED ENROLLMENT

Head Start (3-5) 431

Sandoval County: 52

San Juan County: 160

Santa Fe County: 168

Torrance County: 51

Early Head Start (0-3) 418

Sandoval County: 70

San Juan County: 80

Santa Fe County: 206

Torrance County: 62

Presbyterian Medical Services is proud to provide high-quality Head Start Preschool and Early Head Start services to eligible children and families across four New Mexico counties. This annual report highlights the program's impact, stewardship, and continued commitment to comprehensive early childhood services that help children thrive, support families, and strengthen communities.

The Head Start Program promotes school readiness for young children from families with low incomes by supporting children's cognitive, social, and emotional development while addressing the needs of the whole child and family.

Through integrated services in education, health, nutrition, mental health, and social-emotional development, the program helps children build the skills, confidence, and foundation they need for kindergarten and lifelong learning. Head Start also partners with parents and guardians as children's first and most important teachers, supporting families as they identify and pursue meaningful goals for themselves and their children.

Together, these efforts expand opportunity, promote family well-being, and help New Mexico's youngest learners enter school ready to succeed.

FIVE-YEAR PROGRAM GOALS

2024-2029

Goal 1:

Children are supported and engaged through positive, responsive, and individualized high-quality early childhood education and development services.

Goal 2:

Children, families, and staff are physically and mentally healthy.

Goal 3:

Families feel supported in achieving self-identified goals and engaging in their child's education.

Goal 4:

Head Start & Early Head Start team members feel confident, effective, and engaged in their role within the program.

Goal 5:

Program leadership is efficient, accountable, and proactive in providing safe, engaging, and high-quality learning environments.

GOVERNING BODIES

Board of Directors

Presbyterian Medical Services' Board of Directors holds legal and fiscal responsibility for the Head Start Program. The Board safeguards federal funds, adopts governance practices, and ensures compliance with applicable federal, state, and local laws and regulations. Members of the PMS Board of Directors include:

- | | |
|------------------------------|----------------------|
| ✿ Franklin McCasland, Chair | ✿ Lillie Lewis |
| ✿ Melissa Sharpe, Vice Chair | ✿ Scott Michlin |
| ✿ Mike Antiporda | ✿ Bryan Romkey |
| ✿ Julie Casaus | ✿ Susan Smith |
| ✿ Laura Jaramillo* | ✿ Cynthia Rael Vigil |
| ✿ Anna Krutsky | ✿ Marlene Waukazoo |
| ✿ Roberta Lee | |

*one Board member also sits on the Head Start Policy Council

Policy Council

Presbyterian Medical Services' Policy Council includes parents and caregivers of currently enrolled children, along with community representatives. The Council helps guide program direction, including program design and operations, as well as short- and long-term planning. Members of the PMS Policy Council include:

- | | |
|--------------------------------|----------------------|
| ✿ Jennifer Manzanares, Chair | ✿ Jaden Greene |
| ✿ Andres Moore, Vice Chair | ✿ Heaven McCullough |
| ✿ Augustine Montoya, Secretary | ✿ Jereme Santistevan |
| ✿ Brittany John | ✿ Monica Ruvalcaba |
| ✿ Krystal George | ✿ Jeremy Romero |
| ✿ Blythe Hunt | ✿ Laura Jaramillo* |
| ✿ April Troncosa | |

FINANCIAL STEWARDSHIP

Presbyterian Medical Services receives federal funds to operate the Head Start Program and maintains internal controls and monitoring systems to promote accountability, transparency, and responsible use of funds.

ANNUAL AUDIT RESULTS

REDW, LLC conducted an independent audit for the year ending December 31, 2025. The audit report was shared with the Board of Directors and Policy Council. The auditor issued an unmodified opinion for both the financial statements and federal awards. The auditor did not identify any deficiencies in internal control over compliance that were considered material weaknesses. One deficiency in internal control over compliance was identified as a significant deficiency within the Health Center Program Cluster.

REVIEW BY THE SECRETARY (ACF/OFFICE OF HEAD START)

The most recent Office of Head Start program review was a Focus Area One monitoring review conducted in January 2026. The review found no deficiencies. It identified one area of non-compliance related to child supervision and one area of concern related to the frequency of water lead testing. Reviewers also highlighted two strong practices: staffing and staff supports, and eligibility practices.

IN-KIND / NON-FEDERAL SHARE

The Office of Head Start provides 80% of the funding required to operate the program. Each Head Start program is required to provide a 25% match of federal funds through cash or in-kind contributions. This non-federal share reflects the investment, partnership, and commitment of the local community.

In FY25, the program received matching contributions from private foundations, local government programs, school districts, and the State of New Mexico PreK program. Volunteer services continued to represent the largest source of non-federal match. PMS generated \$6,791,308 in matching funds, exceeding the required \$4,595,687.

CHILD & ADULT CARE FOOD PROGRAM (CACFP)

PMS participates in the Child and Adult Care Food Program, a federal program that reimburses organizations for providing nutritious meals and snacks to children in center-based classrooms. During FY25, PMS received \$815,272 in reimbursements for dietary services.

BUDGET AND EXPENSES

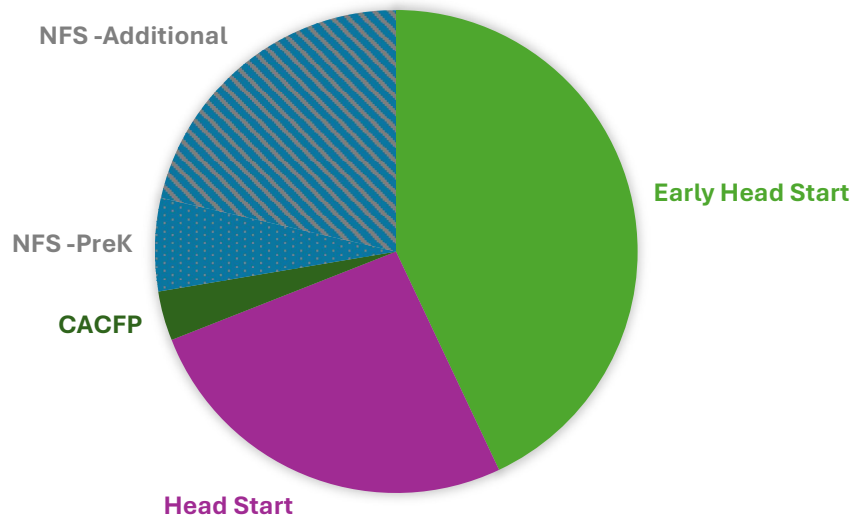
Fiscal Year 2025 – Federal Share

	Budget FY 2025	Actual Expenditures FY 2025	Percent of Total	Proposed Budget FY 2026
Category	BASE+T/TA	EXPENDITURES	%	BASE+T/TA*
Personnel	\$ 10,857,252	\$ 10,225,125	59%	\$ 10,320,995
Fringe Benefits	\$ 2,497,085	\$ 2,452,069	14%	\$ 2,373,542
Travel (out of town)	\$ 100,757	\$ 42,068	0%	\$ 88,500
Equipment	\$ 0	\$ 0	0%	\$ 150,000
Supplies	\$ 590,928	\$ 534,298	3%	\$ 423,119
Contractual	\$ 203,729	\$ 333,504	2%	\$ 223,276
Major Renovations	\$ -	\$ -	0%	\$ -
Other	\$ 1,486,603	\$ 2,307,330	13%	\$ 1,481,969
Indirect Costs	\$ 1,688,234	\$ 1,560,191	9%	\$ 1,888,757
Total Amount	\$ 17,424,586	\$ 17,424,586	100%	\$ 16,950,158

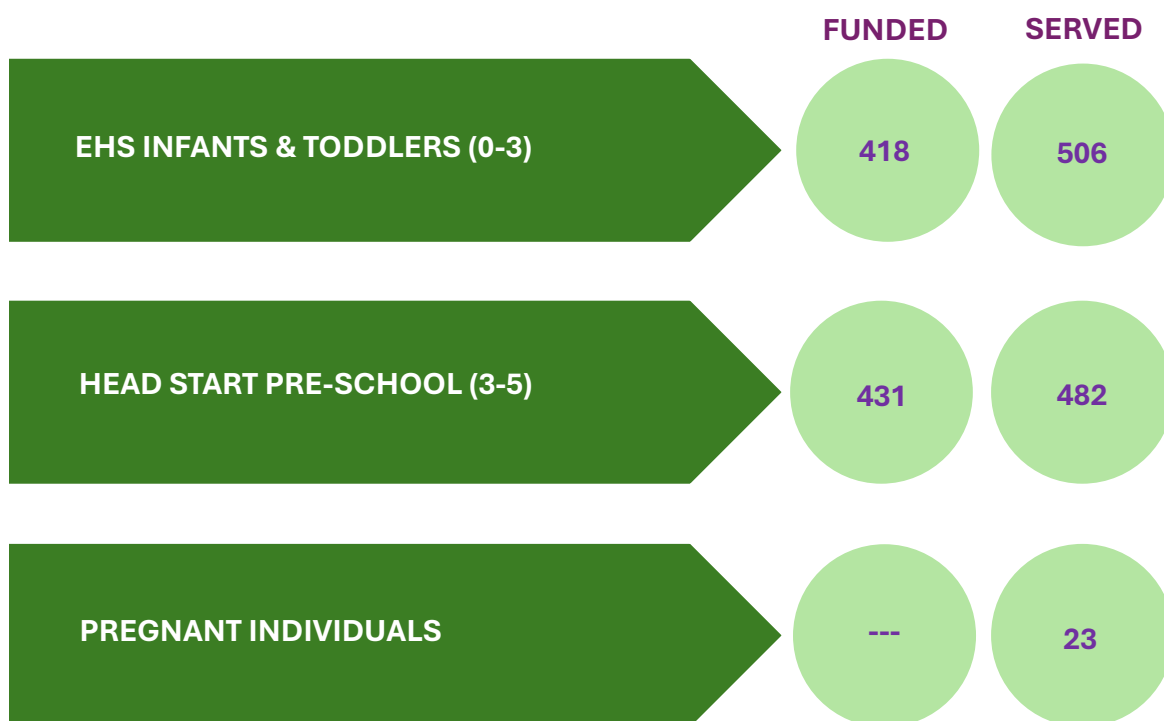
*Does not include carry over request of \$483,731 for FY26

There was an OHS initiated reduction in Head Start Pre-school funding in FY25.

FUNDING SOURCES - FY25



ENROLLMENT (PY2025-2026)



Average Monthly Enrollment

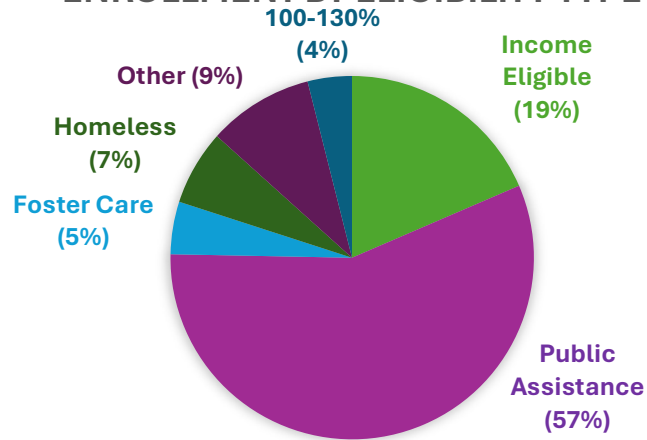
Head Start
86%

Early Head Start
86%

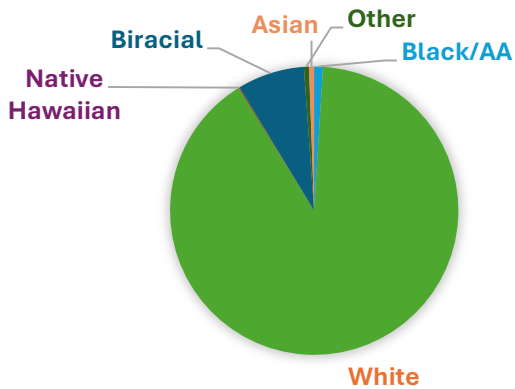


ELIGIBILITY & DEMOGRAPHICS

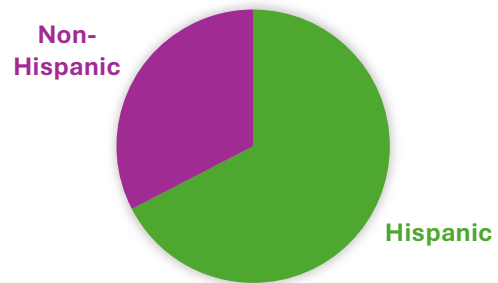
ENROLLMENT BY ELIGIBILITY TYPE



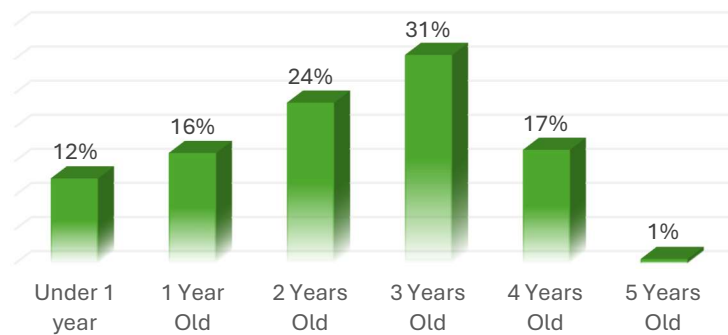
RACE OF PARTICIPANTS



ETHNICITY OF PARTICIPANTS



AGE AT ENROLLMENT



FAMILIES

815
Families
Served

Family Makeup	Single Parent:	414
	Two Parent:	391

Work / School Status	1+ Parent working:	581
	0 Parent Working:	234

Parent Education Level	Advanced/BA Degree:	9%
	AA/Some College:	34%
	High School/GED:	36%
	Less than High School:	17%

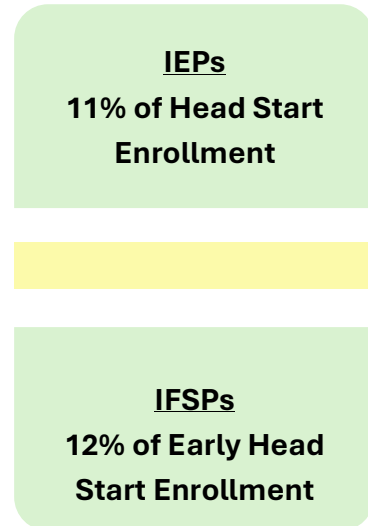


PROGRAM COMPONENTS

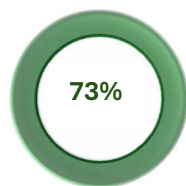
DISABILITIES

The Head Start Program makes at least 10% of its total actual enrollment available to children eligible for services under the Individuals with Disabilities Education Act (IDEA). All children are screened for developmental concerns, and the program supports families in connecting with Early Intervention or Special Education services when needed.

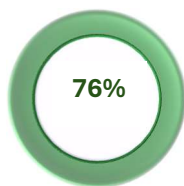
During program year 2025-2026, Presbyterian Medical Services served 58 Head Start children, or 11%, with Individualized Education Programs (IEPs), and 75 Early Head Start children, or 12%, with Individualized Family Service Plans (IFSPs).



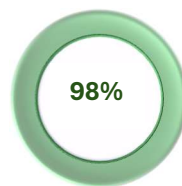
CHILD HEALTH



Up to Date
Medical Exam



Up to Date
Dental Exam



Have Medical
Insurance



Have Medical Home

The Head Start Program partners with families to provide and support high-quality early childhood health services. Health education, screenings, tracking, linkages to community resources, and follow-up are structured to achieve positive health outcomes among all participants.

NUTRITION



PMS continues its focus on providing nutritious and inviting meals to all children in the center-based program. Much emphasis has been placed on reducing processed foods and increasing fresh fruits and vegetables.

The program applied for, and was awarded a new grant through ECECD to help reduce food insecurity for children while away from the program.

New learning gardens are being constructed in each of the four counties. Partnerships with local master gardeners and other community-based groups support the centers in teaching children about growing healthy foods.

PMS served over 284,000 meals through the CACFP program in PY2025-2026

MENTAL HEALTH

PMS launched a new partnership with the Santa Fe Recovery Center to provide Mental Health Consultation for program staff. This promising initiative is already making a positive impact, with more than 40 staff members participating in consultation sessions designed to strengthen support, build confidence, and enhance everyday practices. By investing in staff well-being and professional growth, this partnership helps create nurturing, responsive environments where children can thrive and families can feel supported.



PMS continues to train and engage with the Conscious Discipline approach to social-emotional learning.

EDUCATION

CLASS

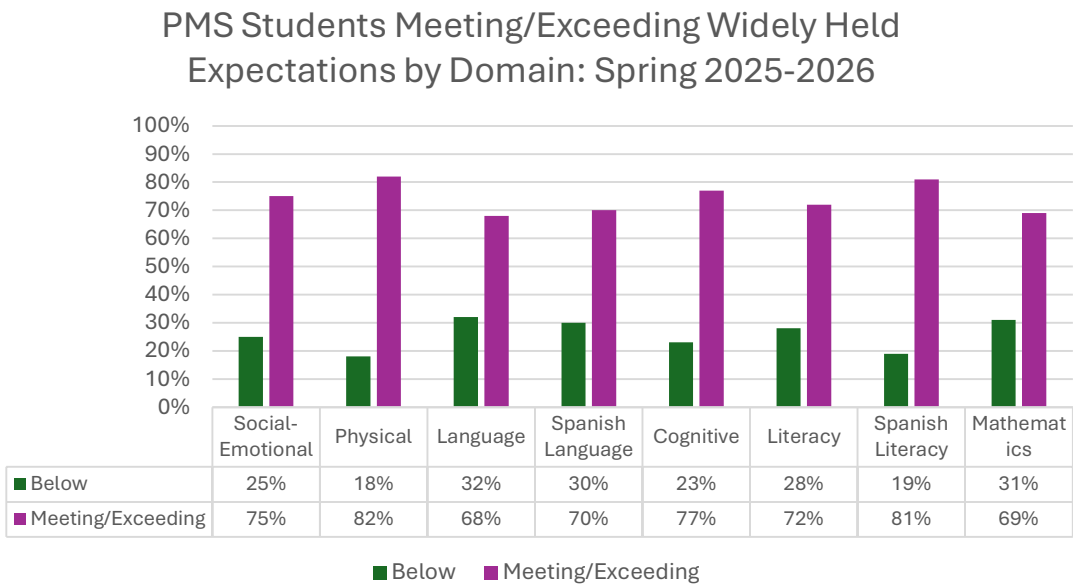
The program uses CLASS observations to monitor and strengthen the quality of adult-child interactions in Head Start Preschool classrooms. CLASS®, *The Classroom Assessment Scoring System*, assesses interactions between children and teachers across three domains of classroom quality: Emotional Support, Classroom Organization, and Instructional Support. Each domain includes multiple dimensions and is scored on a seven-point scale. PMS Children's Services conducts two CLASS assessments of each Head Start classroom each year, using trained and certified internal assessors. The Office of Head Start quality threshold targets are 6.00 for Emotional Support, 6.00 for Classroom Organization, and 3.00 for Instructional Support.

2024-2025 CLASS Results					
Domain	Domain Score Fall	Domain Score Spring	Dimension	Dimension Score Fall	Dimension Score Spring
Emotional Support	6.46	6.56	Positive Climate	6.70	6.74
			Negative Climate*	6.95	6.98
			Teacher Sensitivity	6.23	6.19
			Regard for Student Perspective	5.96	6.35
Classroom Organization	6.00	5.97	Behavior Management	6.14	6.19
			Productivity	6.19	6.19
			Instructional Learning Formats	5.67	5.43
Instructional Support	3.86	4.28	Concept Development	3.60	4.08
			Quality of Feedback	3.88	4.28
			Language Modeling	4.09	4.46



School Readiness & Learning Outcomes

Presbyterian Medical Services supports the growth and development of all children through implementation of *The Creative Curriculum*, a comprehensive, research-based curriculum. Teachers observe children throughout the program year and assess progress toward developmentally appropriate learning objectives during three checkpoint periods. Results are shared with families and aggregated to inform program planning and continuous improvement. End-of-year results for PY2025-2026 are presented below.



COMMUNITY ENGAGEMENT

PMS continued to expand community partnerships to enrich services for children and families. This year, the program initiated new collaborations with We.Grow.Eco, the Sandoval County Cooperative Extension Program/Master Gardeners’ Program, ReUnity Farm, the Lions’ Club, and the East Torrance Soil and Water Conservation District to support the development of new learning gardens.



FAMILY ENGAGEMENT

PARENT TRAINING



Parent Advocacy & Leadership Institute (PAL)

Members of PMS' Policy Council participated in the Parent Advocacy and Leadership Institute. They joined parents from other Head Start Programs from across New Mexico for training and opportunities to tour the State Capitol and meet state legislators. They learned about advocating for their family and the early childhood community.

READY ROSIE

PMS uses *Ready Rosie*, a research-based family engagement and early learning application, to strengthen partnerships with families and support positive child outcomes. Parents and guardians receive access to digital parenting, education, and family development resources that extend learning beyond the classroom.

Number of Skill-Building Activities Accessed by Families through Ready Rosie

Learning Outcomes

Language & Literacy:	5,266
Math:	2,923
Social Emotional:	2,468
Health & Well-Being:	6,577

Family Outcomes

Family Well-Being:	1,197
Positive Parent-Child Relationships	4,544
Families as Lifelong Educators:	4,512
Families as Learners:	4,230
Family Engagement in Transitions:	454
Family Connections to Peers & Community:	356

PARENT EXPERIENCE

PMS conducted a survey to gather feedback from parents and guardians about their experience with the Head Start Program. Sixty-eight percent of enrolled families responded. The results below reflect strong family satisfaction and provide valuable insight for ongoing program improvement.

Total Program Positive Response Rates by Survey Item

Survey Item	Total Responses	Positive Responses	% Positive
1. I feel like an active member of my child's education team.	475	435	91.6%
2. I am provided opportunities to participate in my child's education.	476	442	92.9%
3. The program meets my child's individual educational needs.	476	453	95.2%
4. I feel I can express concerns or ask questions, and they will be addressed by the program.	474	450	94.9%
5. The program's hours of operation meet the needs of my family.	474	396	83.5%
6. The program is welcoming, respectful, and accepting.	483	474	98.1%
7. The program communicates regularly.	474	446	94.1%
8. The program is respectful of my time.	468	452	96.6%
9. How likely are you to recommend the Head Start/Early Head Start/Pre-K program to family and/or friends?	476	461	96.8%

Thank you to our families, staff, Policy Council, Board of Directors, and community partners for your continued commitment to children and families. Your partnership, leadership, and dedication make this work possible and strengthen our shared mission to support every child's growth, learning, and success.