

## What can I expect from my home visitor?

- 90 minutes of direct service visits
- Developmental assessments
- Developmental activities
- Education and handouts on parenting topics to increase parent knowledge of positive parenting practices, health and well-being, nutrition, and safety
- Community resources and referral support as needed
- Various opportunities for group connection

# What is our Safe Sleep Program?

- Home Visitors bring SIDS awareness & education to prenatal women to reduce sudden infant death syndrome
- Prenatal moms who participate in the safe sleep class will receive a FREE "Dream on Me Bassinet" (Enrollment is not necessary to receive the bassinet)

I'm grateful that this program is available because I've learned so much and this is my 4<sup>th</sup> baby! - Davianna G.



401 W Taylor Hobbs, NM 88240 575-430-4465

#### **Chavez County Home Visiting**

204 W. 2nd Street, Suite 1 Roswell, NM 88202 575-840-4088



#### **Cibola County Home** Visiting

551 Washington Ave. Grants, NM 87020 505-469-8459

### **Eddy County Home Visiting**

914 N Canal St. Carlsbad, NM 88220 575-430-4465

## **Quay County Home Visiting**

615 South 2nd St. Tucumcari, NM 88401 575-403-5821

#### **San Juan County Home** Visiting

19 Road 7104 Skyview Mesa Housing Farmington, NM 87401 505-443-4308



# **HELPFUL ONLINE RESOURCES**

nmececd.org pulltogether.org momentsnm.org



\*PMS













